

# Pas niebieski (2 kyu)

## Tsurikomi-goshi



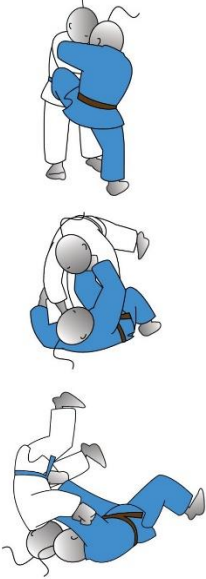
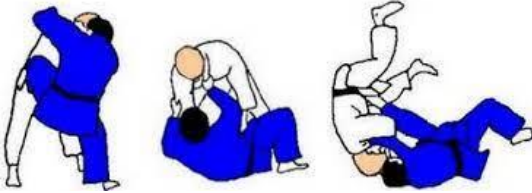
## Ashi-guruma



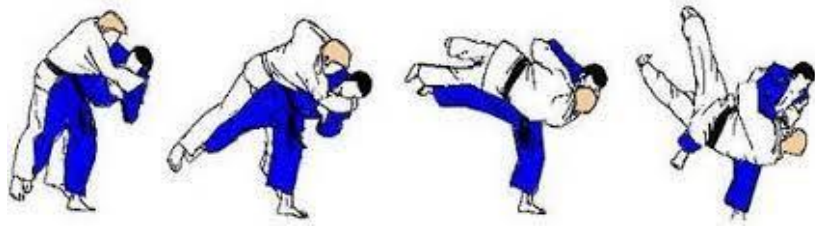
# Harai-tsurikomi-ashi



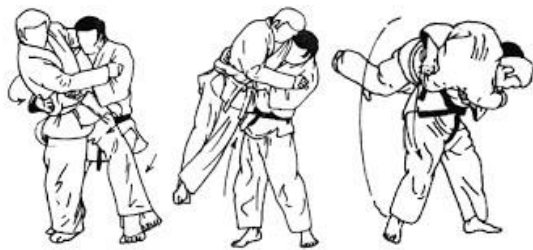
# Yoko-tomoe-nage



# Hane-goshi



# Utsuri-goshi



## Okuri-eri-jime



## Ude-hishigi-ashi-gatame

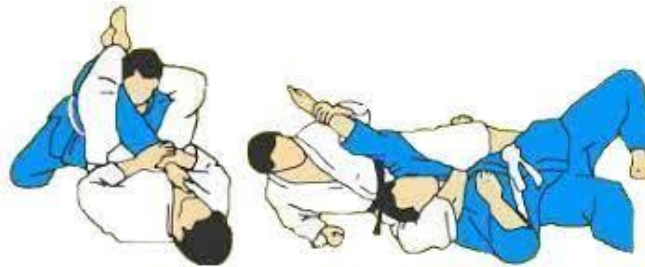


## Ude-hishigi-hiza-gatame





## Ude-hishigi-sankaku-gatame



## Sode-guruma-jime

